

## BENEFITS

### COMFORT

The stretch knit fabric and creation of areas that exert and relieve pressure (silicone inserts) ensure that the support provides just the right amount for compression on the joint. The edges of the supports are designed to provide less compression and avoid the harmful tourniquet effect.

### THE "MASSAGE EFFECT"

As the joint moves with the inserts the level of compression exerted by the stretch knit fabric constantly changes to create a beneficial massage effect, enabling a better flow of blood and lymphatic fluids.

### THE PROPRIOCEPTIVE EFFECT

The supports aid proprioceptive awareness (the ability to perceive and recognise where your body is and the degree of muscle contraction), making it easier to control and refine your movements and in turn reduce pain.

### FREEDOM OF MOVEMENT

The graduated elasticity, soft knit fabric and anatomic design ensure maximum freedom of movement.

### THE PERFECT FIT

Soft, lightweight and anatomically designed, the supports are ever so easy to slip on and off. They also disappear discreetly under clothing and inside footwear.

## GRADUATED COMPRESSION: FOUR ACTIONS IN ONE

### Compression generates synergic actions:

- It provides support where the joints need it most;
- It produces an intermittent massage which, when combined with muscle movement, stimulates the flow of blood and lymphatic fluids;
- The improved blood flow to the tissues aids the delivery of oxygen and nutrients to tissue cells, which speeds up healing;
- The improved circulation of lymph helps to reabsorb or prevent oedema.

## SILICONE INSERTS

The special anatomically-shaped silicone inserts reduce the compression produced by the fabric over bony areas to ensure pressure is only exerted where needed. The inserts are in thermowelded pockets to avoid the use of seams which may leave indentations on the skin.



## MICRO SILICON TUBE

A small silicone tube is incorporated into the stretch fabric on one of the two edges. This tube has a dual function: to ensure a softer feel against the skin and strengthen the support so it is more resistant to the wear and tear of being pulled on by the patient.

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## linealastik

The new range of stretch knit fabric supports with targeted compression.

**genulastik 04**      **malleolastik 37**

**epilastik 32**      **manulastik 19**

**INDICATIONS**

**GENULASTIK 04**

- Knee pain caused by bruising
- Early stage arthrosis
- Patellar chondropathy / chondromalacia patellae
- Mild patellar instability
- Prevention of patellar dislocation during sports activities.

**MALLEOLASTIK 37**

- Grade 1 ankle sprains
- Tendinopathy of the instep and peroneal tendons.

**EPILASTIK 32**

- Tennis elbow and golfer's elbow
- Chronic pain caused by bursitis or tendinitis.

**MANULASTIK 19**

- Wrist and carpal joint sprains
- Wrist tendinitis
- Arthrosis and arthritis of the wrist
- Problems following a wrist fracture
- Post-operative care of the wrist.

**Code: 90104**

Size	0	1	2	3	4	5	6	7
Thigh circumference 14 cm above the middle of the kneecap cm	35/38	38/41	41/44	44/47	47/50	50/53	53/56	56/59
Calf circumference 12 cm below the middle of the kneecap cm	25/28	28/31	31/34	34/37	37/40	40/43	43/46	46/49
Left/right								

**Code: 90137**

Size	1	2	3	4	5	6
Ankle circumference cm	17/19	19/21	21/23	23/25	25/27	27/29
Left/right						

**Code: 90132**

Size	1	2	3	4	5	6
Forearm circumference 13 cm from the epicondyle	19/21	21/23	23/25	25/27	27/29	29/31
Left/right						

**Code: 90119**

Size	1	2	3	4	5	6
Wrist circumference cm	14/15	15/16	16/17	17/18	18/19	19/20
Right or left						



ORTHOservice  
RO+TEN

Take  
care  
feel  
better

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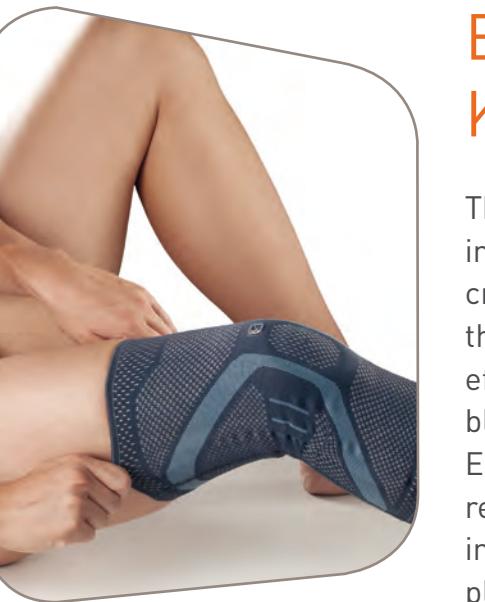
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# genulastik 04



## ELASTICATED FABRIC KNEE SUPPORT

The anatomic design, the specially woven knit and the silicone insert are each designed to have a specific action on the knee, creating areas that apply and relieve compression to support the joint and provide a massage effect, which improves the flow of blood and lymphatic fluids. Easy to put on, the support restores function and confidence in every movement, even when playing sport.



# malleolastik 37

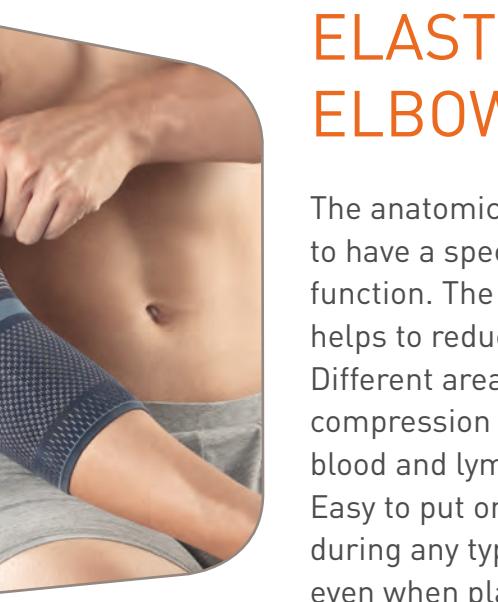


## ELASTICATED FABRIC ANKLE SUPPORT

The anatomic design, the specially woven knit and the strategically placed silicone inserts are each designed to have a specific action on the ankle, preventing it from accidentally twisting and providing greater stability. Different areas apply and relieve compression to enable the flow of blood and lymphatic fluids. Easy to put on, it can be worn with any type of footwear.



# epilastik 32



## ELASTICATED FABRIC ELBOW SUPPORT

The anatomic design and the specially woven knit are designed to have a specific action on the elbow to help restore the correct function. The silicone inserts create targeted pressure that helps to reduce pain. Different areas apply and relieve compression to enable the flow of blood and lymphatic fluids. Easy to put on, it relieves pain during any type of movement, even when playing sport.



# manulastik 19



## ELASTICATED FABRIC WRIST SUPPORT

The anatomic design, the specially woven knit, and the stay and strap aid and support the wrist joint, providing stability and pain relief. Different areas apply and relieve compression to enable the flow of blood and lymphatic fluids. Easy to put on, it can also be worn when playing sport.

